

# ADULT INSTRUCTIONAL

Join Now

## Leafs Ice Centre

Whether you are just starting out and want to learn to play hockey, or you are an experienced skater, we have the program for you. Have fun & learn how to play the great game of hockey. Recreational, no-check hockey is safe, and great exercise. Once proficient, you will be able to join a REC league team.



**New Class:  
5/22-8/14**

**Tuesdays from 8:00-9:00pm  
No class July 3rd**



**Drop in on Tuesday  
nights!**

**\$20**

### Class Features:

- Skating Instruction
  - Puck Control
    - Passing
    - Shooting
  - Defensive Skills
    - Positioning
  - Game Strategies

**LEAFS  
ICE CENTRE**

Questions please contact :  
Sergei Vahmistrovs  
phone: 847 844-8700  
email: sergei@fairviewmgmtllc.com